



CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

CAPCT Committee for Continuing Education and Professional Development

**In My Heart:
The Therapeutic Process with an Eleven Year Old Boy
Diagnosed with MIC, ADHD and ODD**

PRESENTER

Andrea U

SUPERVISOR

Dagnija Tenne

TIME AND PLACE

Monday, February 26, 2018

7:30 p.m. – 9:30 p.m.

8 Rean Drive, Meeting Room

Toronto, Ontario

ABSTRACT

He put his hand up to his mouth, imitating holding a microphone, and began singing gently, "I feel happy." He repeated the phrase again and again; each time his voice got louder and stronger while he danced around the room. He looked at me with a smile and cued me to sing. I sang back to him, "Where do you feel happy? In your tummy?" Without a beat, he threw his head back like a bona fide rock star and sang confidently, "I feel happy in my heart."

In this presentation, I will be sharing what I have learned about therapy and myself while working with an 11-year-old diagnosed with ADHD, MID and ODD. I will be discussing the therapeutic change that took place over sixteen months as the child burdened by expectations and hidden in the shadows emerged to become a superstar. With the help of a magical water bottle, Bruno Mars' *Uptown Funk* and countless games of soccer, here is our story.



CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

LEARNING OBJECTIVES

1. To think about the psychoanalytic therapy process
2. To think about the use of self in our work
3. To discuss how to face unexpected situations as they arise in therapy

ABOUT THE PRESENTERS

Andrea U, MMT, MTA, CICAPP (candidate) completed her Masters of Music Therapy at Wilfrid Laurier University. She is a member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and Canadian Association of Music Therapists. Andrea has experience working with children and adults with developmental disabilities, women's shelters, pediatric rehab hospitals and in private practice.

Dagnija Tenne, RP, D. CICAPP (Toronto, Canada), Dr. Psych. (Developmental Psychology, University of Latvia), Clinical Member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and the Association for Child Psychoanalysis (ACP), has a private practice in psychotherapy working with children, adolescents, parents and families. D. Tenne is a faculty member and supervisor at the Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy (CICAPP), member of CICAPP Student Progress Committee, Immediate Past President of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and, currently, the Chair of the CAPCT Nomination Committee.

PROFESSIONAL DEVELOPMENT

These continuing education and professional development hours can be used towards your continuing education, professional development portfolio for your respective colleges, including the College of Registered Psychotherapists of Ontario (CRPO).

Please Note: Open only to CAPCT members. Registration is FREE.
For more information and to RSVP please contact 416.690.5464 or [EMAIL](#)

RSVPs appreciated.